

## CANNED FOOD LIST AND CARBOHYDRATE CALCULATOR

from: <http://www.yourdiabeticcat.com/faqs/foodlist.htm>



The single best way to be sure you are feeding acceptable food is to learn to read labels. Stay away from foods with grains (including rice and soy), vegetables, fruits, gravy, corn starch or corn syrup, and wheat or corn glutens whenever possible.

There is information here on [reading food labels](#), as contained in Dr Hodgkins book, [Your Cat](#), which we urge you to buy.

Please also learn to calculate the carb content of foods, using this [link to dry matter basis carbohydrate calculator info](#).

*This is a sample list only* of some readily available foods in the US. Many are great for transitioning cats from dry to canned, but **please note that many of these foods contain beef, fish, meat of unknown origin, or even a small amount of grains. Therefore, they may be inappropriate for for diabetic cats, or cats with food allergies or gastro\_intestinal disorders.** Fish should be fed sparingly, but can serve as an excellent tool for transitioning cats on to canned food. Likewise, liver can be addictive, and should not be fed in large amounts.

\* 9 Lives - Chicken Dinner, Supper Supper, Chicken & Beef Dinner, Chicken & Tuna Dinner, Turkey Dinner, Chicken & Seafood Dinner, Liver & Bacon Dinner, Prime Grill with Beef

\* Happy Tails - Chicken Dinner, Chicken & Tuna Dinner, Mixed Grill, Super Combo, Turkey & Giblets Dinner, Salmon Dinner (any of the flavors not in gravy) This is Jewel's store brand - Jewel is a large grocery store chain in the Midwest

\* Friskies - Supreme Supper; Mixed Grill; Country Style Dinner; Poultry Platter; Turkey & Giblets Dinner, Liver & Chicken

\* Trader Joes - Chicken, Turkey & Rice; Turkey & Giblets; Oceanfish, Salmon & Rice; Tongol Tuna & Shrimp; Tongol Tuna & Crab; Seafood Medley; Tuna Dinner All excellent for

transitioning cats to canned food. The chicken and turkey flavors are usually appropriate for regular feeding. Although the first three flavors contain grains, it is a small amount and seems tolerated by many diabetics and cats with gastro-intestinal disorders. The first three flavors have a smooth texture similar to a/d, so they will work for syringe-feeding inappetent cats.

\* Pro Plan - Adult Chicken & Liver Entree, Adult Turkey & Giblets Entree

\* Fancy Feast Gourmet Feast - Low carb Fancy Feast Flavors with no glutens - **ALL are appropriate for diabetic cats:**

Gourmet Tender Beef Feast (brown label color)  
Gourmet Tender Beef & Liver Feast (magenta)  
Gourmet Tender Beef & Chicken Feast (red)  
Gourmet Turkey & Giblets Feast (olive green)  
Gourmet Tender Liver & Chicken Feast (orange)  
Gourmet Savory Salmon Feast (orange)  
Gourmet Cod, Sole & Shrimp Feast (green about half fish half meat)  
Gourmet Ocean Whitefish & Tuna Feast (Blue)  
Gourmet Seafood Feast (Teal)Gourmet Chicken Feast (Wine)  
Chopped Grill Feast (kelly green)  
Flaked Fish & Shrimp Feast (true blue)  
Flaked Ocean Fish Feast (pink)

\* [Felines Pride - A complete Raw food for your CAT](#)

**NOTE:** If you need to syringe or tube feed your cat, there are several formulas that can be used easily in a feeding syringe. The first is stage 1, all meat baby food, with no onions, veggies or cornstarch, mixed with a spoonful of plain, unsweetened, full fat yogurt and a little warm water. Gerber and Beechnut are two popular brands available in the US - please be sure to check the ingredients. If this is fed for anything more than about a week, taurine should be added to it. A minimum of 9 or 10 oz should be given over a 24 hour period.

Another formula that needs no supplementation and is often better received by the cat is pureed Fancy Feast in the cat's favorite flavor, mixed with a spoonful of the same type of yogurt and some warm water. Usually, 6oz daily will suffice, but larger cats or severely malnourished cats may need more. Please consult your vet.

Prescription foods such as Hills A/D have inferior ingredients, and should not be used.